2026 - 2027 Courses

BTEC Home Cooking Skills - BCA

Develop your knowledge and cooking skills to cook meals in a healthy, cost effective way and develop the confidence to share these skills with family and friends. Students will obtain a Level 1 BTEC qualification that is nationally recognised by the Catering and Hospitality industry. Suitable for students with experience in hospitality, wishing to work within this industry sector or to develop their home cooking skills.

Suitable for students that are able to work independently, with minimal support and previous

The Mindful Chef: Sustainable and Delicious Cooking - BCA

Learn practical cooking skills in combination with the principles of environmental sustainability and mindful cooking. The goal is to promote independence, healthy living, and an appreciation for food's journey from farm to fork. In addition students will be covering the basics of food safety and hygiene, recycling and the impact on the environment of the food industry.

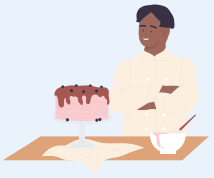
Suitable for all levels.

Feast & Friendship: Effortless Entertaining - BCA

Learn simple, stress-free skills required to plan, prepare, and host a small social gathering or meal for friends and family. The focus is on building confidence in social situations and practical cooking skills. This is a fun interactive cookery session where students will cook a range of dishes, for events such as pizza night in with friends, afternoon tea, roast dinner, to hosting lunch for a 'special guest' and other special occasions and days.

Suitable for students with some cooking experience.

Introduction to Patisserie Skills - BCA



A fun, hands-on introduction to the techniques of baking and French-style pastry making (patisserie). The cooking modules that will be covered are : hot and cold desserts and puddings; biscuit, cake and sponge products and fermented dough products. You will also build practical kitchen skills, safety awareness, and confidence in the kitchen.

Suitable for students with some kitchen experience

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Business Enterprise Skills with Craft - BCA

Learn the fundamental skills necessary to create, market, and sell handcrafted products. The course blends creative craft time with practical business knowledge, promoting independence and potential self-employment through a supportive, structured approach. You will be given the knowledge to develop your marketing and sales skills as we work in a team to run events to promote and sell the products we make.

Suitable for all levels.

Textiles & Upcycling - BCA

Learn about textiles and develop your craft skills, focusing on the sustainable practice of upcycling. The course aims to develop learners' fine motor skills, ability to follow simple instructions, and creativity to turn old or unwanted fabrics into new and useful items.

Suitable for students who like to be creative.

Dance Fit - Langley

"Dance Fit" is a high-energy, fun fitness class that combines various dance styles with a cardiovascular workout. It's designed to be accessible to all fitness levels and usually features easy-to-follow, choreographed routines set to upbeat music.

Suitable for all students.

UK History - BCA

Learn about key eras, events, and influential individuals that have collectively shaped the modern United Kingdom such as The Stone Age, The Vikings, Kings & Queens of England, The Fire of London and the birth of the railways. Understand the history of the UK and connection to your heritage within a supportive, inclusive, and engaging learning environment.

Suitable for students with an interest in facts and history.

2026 - 2027 Courses

Work & Life Skills - BCA

Enhance your work and life skills to prepare you for living independently or looking for employment. You will learn about preparing for work, being in the workplace, keeping safe at home and in the community, financial awareness, hygiene and healthy eating and travel training.

Suitable for students who are looking for work and who are more confident with their reading and writing skills.

Drawing and Painting skills - BCA

This course provides a supportive, accessible environment for participants to explore their creativity, express themselves, and develop fundamental artistic techniques such as pencil, charcoal, acrylic paints and watercolours.

Suitable for all levels.

Understanding my Voice through singing - BCA

Discover, strengthen, and safely use your unique singing voice to learn new songs. Learn to treat the voice not just as an instrument, but as an integral part of physical and emotional self-expression. The course will include small informal class performances.

Suitable for all students.

Gardening at Home/Grow & Eat - BCA

This course provides a complete introduction to the practical skills and knowledge needed to cultivate a thriving garden in any home setting, from a small balcony to a small garden. Students will work on speaking and listening, retaining facts, how to be safe and improving fine motor skills whilst working with seeds and small plants and vegetables.

Suitable for all levels. Please expect to spend a considerable amount of time outside.

2026 - 2027 Courses

Software Skills for the Workplace - BCA

This course is designed to provide you with the practical and essential digital skills required for entry-level office, administrative, voluntary or supported employment roles. The focus is on building confidence and competence in the software and tasks that are common in a modern workplace.

Suitable for students with some basic computer skills.

Money Maths - BCA

Gain knowledge and practical skills to confidently manage UK currency and make simple, informed financial choices in your everyday lives, leading to greater independence and a reduction in anxiety about money.

Suitable for students with a basic understanding of money.

Feel Good Fitness: Boosting Mood Through Exercise - BCA

This course is aimed at highlighting the benefits of regular exercise and healthy lifestyles. Learners will improve their moods, teamwork and social skills through a combination of practical fitness and theory elements.

Suitable for students who enjoy physical activity and being outside. There will also be some classroom-based activities for which some basic computing skills would be beneficial.

Speak Up: Building Confidence in Communication - BCA

Develop your skills in social communication and self-advocacy, helping you to feel confident expressing your thoughts, needs, and feelings clearly, appropriately, and assertively in various social and community settings.

Suitable for students who have completed the Social Communication course or who are more confident communicators.

2026 - 2027 Courses

Farm and Companion Animal Care - BCA

Students will learn how to manage the welfare of some of the farm and companion animals onsite at BCA. This is a practical hands-on course although students will complete learning activities aimed at enhancing their skills before attending to the animals.

Suitable for all levels. Students and any support workers will require a tetanus vaccination to attend this course.

Exploring the community safely- BCA and Langley

Learn the essential skills and confidence needed to navigate and engage with their local community safely and independently. The curriculum focuses on practical, real-world scenarios to promote independence and safety in the community.

Suitable for all levels. The course will include trips to the community most weeks.

Sensory Crafts - Langley

Engage with your senses through hands-on creative projects. The primary goal is to promote relaxation, self-expression, and the development of essential skills using different methods to produce craft projects.

Suitable for all levels.

Musical Theatre - Langley

On the Musical Theatre course you will develop your skills in acting, singing, and dancing, all aspects of Musical Theatre. The course is highly focused on performance skills for small informal class performances.

Suitable for all students.

2026 - 2027 Courses

To apply:

- **When applications are open** please email alfie@windsor-forest.ac.uk your top 3 choices in order of preference.
- Once your choices have been allocated, you will be sent the enrolment paper work to complete
- PLEASE NOTE, your places are not confirmed until all paper work is received and completed in full

Any questions please email - alfie@windsor-forest.ac.uk